



## *Munay Ki Mesa Carrier*

### Creating your Personal Altar - The Munay Ki Mesa



#### ***The Munay Ki Mesa & Khuyas***

In the Andean tradition, the Munay Ki Mesa is known as Sacred altar bundle. It is often composed of stones, each carrying its own story and medicine. These stones or wisdom rocks are called Khuyas. In Quecha, the word for stone is 'rumi,' yet when a stone is chosen with devotion, infused with love and affection, and awakened to the wisdom of nature, it becomes something more. It becomes a Khuya which means 'love' or 'to love.'

A Khuya is a living ally, not merely a piece of the Earth but a vessel of Munay, the luminous current of loving presence. It is connected to the Kawsay Pacha, the field of Living Energy, and attuned to the Sami, the refined light of the healing Lineages.



## ***Awakening your Khuya***

A Khuya begins as a stone that calls to you through beauty, weight, texture, or the quiet knowing that it belongs in your hands. Through ceremony, breath, and blessing, it is awakened. Prayers are blown into it. Intentions are fed to it. With intent and humble request, the Munay of your heart and the Sami of the Hampe and Pampa Munay Ki Mesayok Lineages flow into the stone until it becomes a true companion in the work of healing and transformation.



This awakening is not a single act but an ongoing relationship. Each time you work with a Khuya, it is fed with your gratitude, strengthened by your trust, and deepened through your ceremonies. Over time, it becomes an anchor for your medicine, a keeper of your prayers, and a bridge between you, the natural world, and the unseen realms. What originally represented a wounding or pattern to be addressed (related to a Direction in the Wheel), becomes a stone of wisdom and power.

## ***The Munay Ki Mesa as a Living Field***

The medicine person carries the Munay Ki Mesa to be used everywhere upon the Earth as all places are viewed as Sacred. Your Munay Ki Mesa is more than a collection of stones wrapped in a cloth. It is a living field, a meeting place between the human heart, the wisdom of nature, and the guidance of the Lineages. Each Khuya rests within the Mestana, holding its place according to the Archetypes and Directions of your medicine work.

The Mestana is a woven cloth that holds and protects the Munay Ki Mesa. It is a Sacred garment for your altar, often carrying the colors, patterns, and symbols of the Andean weavers who create them. When folded around your Khuyas, the Mestana keeps them connected, protected, and held within the living field of your medicine.

As you build your Munay Ki Munay Ki Mesa, alive with Khuyas, Crystals, and Archetypal representations, you are creating a personal landscape of healing and transformation. When the Munay Ki Mesa is opened, this landscape becomes active: the Living Energy flows, the Sami of the Lineages is present, and the Khuyas stand ready to assist in clearing, restoring, and illuminating the path.

The Munay Ki Mesa is an altar, a teacher, a partner, and a mirror. Through it, you enter into Sacred reciprocity with the Earth and the Cosmos. As you continue your journey and build your Munay Ki Munay Ki Mesa, you'll tend to your self and to all Souls whom you guide in ceremony and in your personal demonstration of Archetypal Healer, Explorer, Teacher, and Artist.

### ***Caring for Your Khuya***

Your Khuya is a living ally and, like all relationships, it flourishes with attention and reciprocity. These simple practices will keep its energy clear, vibrant, and connected to you and your Munay Ki Mesa.

#### **1. Cleanse Regularly**

After any healing work or when the stone feels heavy, cleanse your Khuya with smudge, Florida water, or clean running water from a stream. As you

cleanse, thank the stone for the work it has done.

## **2. Feed with Munay**

Hold the Khuya at your heart and breathe deeply, sending the current of Munay into it. You may also offer flower petals, corn, or k'intus as a way to "feed" the relationship.

## **3. Renew Lineage Connection**

From time to time, call upon the Hampe and Pampa Munay Ki Mesayok Lineages, drawing their Sami into the Khuya. This keeps it vibrant and rooted in the living stream of healing wisdom.

## **4. Rest Within the Munay Ki Mesa**

When not in use, place the Khuya in its place within your Mestana. The bundle keeps your stones connected and protected, allowing them to rest in the woven field of your Munay Ki Mesa.

## **5. Listen for Guidance**

Khuyas often speak through subtle impressions, sensations, or images. Hold your stone in quiet meditation and listen. Journal by asking questions and recording answers. Over time, the dialogue between you will deepen, revealing new layers of medicine.





## South Direction: Initiating the Khuya



### **Materials**

Your chosen Khuya stone, smudge (sage or palo santos) or Florida water, small bowl of clean water, 3 small leaves & red/white flower petals (K'intu style), nuts/seeds/or corn for offering, your Mestana.

### **Step 1: Activate Sacred Space and Open your Wiracocha**

This practice is best done outside. As with every ceremony, activate Sacred Space and open your Wiracocha. You may bring a candle or light a fire if you choose. Remember that Inti Tayta, Father Sun, is always available to provide a living fire for your Sacred work and all places upon Pachamama are Sacred. Organize yourself with 9 HeartBreaths, grounding into the Earth, and sourcing your three centers with fire or light.

Set your intent to initiate the Khuya selected for the South and the issue/pattern you've chosen to release and transform. Say a personal prayer to be open and guided through this process.

*May I be a clear flute so the energy of the Cosmos may play a beautiful tune through me for the good of all life.*

### **Step 2: Call upon the South**

Stand facing the South. Breathe deeply, feeling the soles of your feet root into Pachamama. Call to the ancient one who glides close to the Earth:

*To the winds of the South, Great Serpent, Sachamama, come coil yourself around me. Teach me to shed with grace what is old and release with ease what no longer serves. Bring your medicine of healing, grounding, and luminous renewal.*

Feel the shift in the air as the South answers.



### **Step 3: Cleanse the Stone**

Hold the Khuya with both hands, honoring it as a living ally. Circle it through the cleansing smoke or sprinkle it with Florida water. Speak softly to it with these words or your own:

*Be cleared of all heavy energy. Be made ready to carry the Munay and the prayers of my heart.*

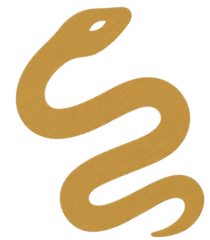


**Step 4: Release into the Khuya**



Bring the stone to your lips. Name the pattern, wound, or burden that is ready to fall away in this season of the South. Blow into the stone three times, each exhale carrying what is no longer yours to hold. Feel the transfer as the weight leaves you and as the stone accepts it for transformation.

**Step 5: Serpent Breath – The Shedding**

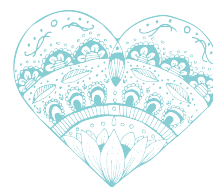


Place the Khuya at your belly (Qosqo). Inhale deeply, drawing in the breath of life. Exhale down the front of your body into the waiting Earth, as if releasing an old skin. Do this three times, each time softening further into the freedom of letting go. Know that your Mother, Pachamama, will mulch and transform this offering into fertile ground.

**Step 6: Charge with Munay and Sami**



Hold the Khuya at your heart. Breathe steadily and feel deep Munay, that boundless current of loving presence, flowing into the stone. Call upon the Hampe and Pampa Munay Ki Mesayok lineages, honoring their presence in your Munay Ki Mesa. Draw their Sami, the refined light of their wisdom, through you and into the Khuya, so it keeps you ever connected to the masters who walk beside you in this tradition.





### **Step 7: *K'intu Blessing of Healing and Wholeness***

Create a K'intu with three leaves and red petal (Pachamama) and white petal (Cosmic Energy). This is your personal Despacho. Consider that which you released and that which you are dreaming (healed, whole). Blow your prayer of healing, renewal, and luminous life into the K'intu three times. Touch the K'intu to the Khuya, feeding it with your heart's vision of wholeness, so it becomes a keeper of this prayer in all your ceremonies.

### **Step 8: *Gratitude to The Mother & Placement in your Munay Ki Mesa***

Touch the Khuya to the ground or place it in a small bowl of soil or river stone. Scatter a few seeds, nuts, or kernels of corn as a gift to Pachamama. With gratitude, place the stone in the South position of your Mestana, where it will live within the medicine of your Munay Ki Mesa.

Add the Crystal connected to your personal Archetypal Healer and the representation of Sachamama. Let these three pieces of the Stone Kingdom settle into the South together.



### **Step 8: *Close the Munay Ki Mesa and Sacred Space with Gratitude***

Place your hands over the Khuya, Crystal, and Serpent in their new home. Thank Sachamama, Pachamama, the Lineages, and the living field of your Munay Ki Mesa for their witness and blessing. Wrap the Munay Ki Mesa with reverence, knowing this Khuya is now awakened in the current of the

South, carrying both your release and your renewed intent. Remembering that the Crystal is live with connection to the Archetypal Healer and that Sachamama moves with you within this Sacred Altar.

Place your Munay Ki Mesa on the Earth. Stand with it between your legs as you close Sacred Space with gratitude and love in every Direction.



This is the time that you relate to your Munay Ki Mesa in your own way. So you may deepen your relationships with the Khuya and Crystals in the South. Every time you anchor in energy from engaging the Munay Ki Mesa with meditation, Sacred Dialogue, Archetypal Journeys, Fire Ceremonies, and your personal practices, you deepen the power and wisdom within both you and the Munay Ki Mesa.

The Munay Ki Mesa is a Living Energy which represents the Cosmic Living Energy, Kawsay, that inhabits all things, places, creatures, and people.



## West Direction: Initiating the Khuya

### **Materials**

Your chosen Khuya stone, smudge (sage or palo santos) or Florida water, small bowl of clean water, 3 small leaves & red/white flower petals (K'intu style), nuts/seeds/or corn for offering, your Mestana.

### **Step 1: Activate Sacred Space and Open your Wiracocha**

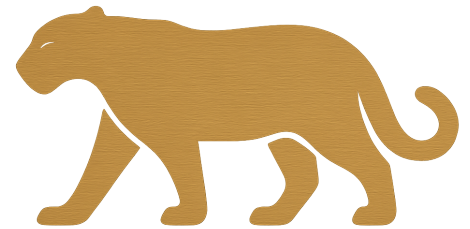
This practice is best done outside. As with every ceremony, activate Sacred Space and open your Wiracocha. You may bring a candle or light a fire if you choose. Remember that Inti Tayta, Father Sun, is always available to provide a living fire for your Sacred work and all places upon Pachamama are Sacred. Organize yourself with 9 HeartBreaths, grounding into the Earth, and sourcing your three centers with fire or light.

Set your intent to initiate the Khuya selected for the West and the issue/pattern you've chosen to release and transform. Say a personal prayer to be open and guided through this process.

*May I be guided by the clear seeing and courage of Ottorongo as I track the pattern within my life that is ready to be released.*

### **Step 2: Call upon the West**

Stand facing the West. Breathe deeply, feeling the soles of your feet root into Pachamama. Call to the ancient one who walks with power upon the Earth:



*To the Winds of the West, Ottorongo, Mother Jaguar, come pad around my medicine space. Show me what lurks in the shadows and holds me back from full engagement with life. Guide me safely on my journeys to the Lower World so I may meet what wants release and retain the gifts of this pattern so I may walk with wisdom and trust..*

Feel the shift in the air as the West answers and Ottorongo arrives.

### **Step 3: Cleanse the Stone**

Hold the Khuya with both hands, honoring it as a living ally. Circle it through the cleansing smoke or sprinkle it with Florida water. Speak softly to it with these words or your own:



*Be cleared of all heavy energy. Be made ready to carry the power of my hidden gifts.*

#### **Step 4: Track the timeline and influence of this pattern**

Tune into the pattern and float back over your life. Call upon Mother Jaguar to help you track the pattern to various times, places/situations, and appearance as it showed up in your life. Write a list of these times/details - just a phrase to anchor your awareness into this aspect of the patterns.

*Where has this pattern shown up in my life and how did it serve/not serve me?*



Ask how this pattern protected you, distracted you, held you back, as well as any gifts or benefits it may have served. Reflect and record. Reflect and record. This is more of a bullet point list than a paragraph journal. You do not need to write every example so keep this list and the tracking moving.

#### **Step 5: Release with a Fire Ceremony and then Blow into Khuya**

When you feel complete, blow this list into a toothpick/stick. You may use one or as many as you choose. With intent and a pure heart, offer Wilka Nina the opportunity to transform this energy and return it to Pachamama.



Next, bring the stone to your lips. Read the list that is ready to fall away in this season of the West. Blow each bullet item into the stone three times, each exhale carrying what is no longer yours to hold. Feel the transfer as the weight leaves you and as the stone accepts it for transformation.



### **Step 6: Burying the Khuya within Pachamama's Embrace**

Choose a place to bury the stone for 24 hours. This may be in a garden bed or beneath a tree on your property, or it may be in a planter filled with soil outside or inside your house. Keep it on your own property.



Pray with Pachamama that She may receive this stone and the Hucha it carries. Within the Mother's embrace, this energy may be taken from the stone and composted by the soil. After 24 hours passes, dig up the stone and wash it clean. Lay it in the sunlight or moonlight to be infused with Sami.

### **Step 7: Charge with Munay and Sami**



Hold the Khuya at your heart. Breathe steadily and feel deep Munay, that boundless current of loving presence, flowing into the stone. Call upon the Hampe and Pampa Munay Ki Mesayok lineages, honoring their presence in your Munay Ki Mesa. Draw their Sami, the refined light of their wisdom, through you and into the Khuya, so it keeps you ever connected to the masters who walk beside you in this tradition.

### **Step 8: K'intu Blessing of Healing and Wholeness**



Create a K'intu with three leaves and red petal (Pachamama) and white petal (Cosmic Energy). This is your personal Despacho. Consider that

which you released and that which you are dreaming (healed, whole). Blow your prayer of healing, renewal, and luminous life into the K'intu three times. Touch the K'intu to the Khuya, feeding it with your heart's vision of wholeness, so it becomes a keeper of this prayer in all your ceremonies.

Bury this K'intu or burn it as an offering and completion of your ritual. Add a few seeds, nuts, or kernels of corn to your K'intu offering as a gift to Pachamama.

### ***Step 9: Gratitude to The Mother & Placement in your Munay Ki Mesa***

With gratitude, place the stone in the West position of your Mestana, where it will live within the medicine of your Munay Ki Mesa.



Add the Crystal connected to your personal Archetypal Healer and the representation of Ottorongo. Let these three pieces of the Stone Kingdom settle into the West together.

### ***Step 10: Close the Munay Ki Mesa and Sacred Space with Gratitude***

Place your hands over the Khuya, Crystal, and Ottorongo in their new home. Thank Mother Jaguar, Pachamama, the Lineages, and the living field of your Munay Ki Mesa for their witness and blessing. Wrap the Munay Ki Mesa with reverence, knowing this Khuya is now awakened in the current of the West, carrying both your release and your renewed intent. Remembering that the Crystal is live with connection to the Archetypal Explorer and that Ottorongo moves with you within this



Sacred Altar.

Place your Munay Ki Mesa on the Earth. Stand with it between your legs as you close Sacred Space with gratitude and love in every Direction.

## North Direction: Initiating the Khuya



### **Materials**

Your chosen Khuya stone, smudge (sage or palo santos) or Florida water, fire and stick, your Munay Ki Mesa.

### **Step 1: Activate Sacred Space and Open your Wiracocha**

In the North, you are the Ceremonialist. Prepare yourself as a coherent field or a clear flute. Organize yourself with 9 HeartBreaths, ground into the Earth like a redwood, and source your three centers with fire or light.

Set your intent to initiate the Khuya selected for the North and the stories, imaginings, and myths you've chosen to embrace. This is a Direction of a new perception, so the initiation the Khuya is different - let your wisdom and inner mystical connection guide your way. Say a personal prayer to be

open and guided through this process. If there a new prayer to replace or add to this prayer of alignment? Speaking it aloud is important in the North.

*May I be a clear flute so the energy of the Cosmos may play a beautiful tune through me for the good of all life.*

### **Step 2: Call upon the North**

Stand facing the North. Breathe deeply, feeling the soles of your feet deeply rooted with Pachamama. Call to the magical creature who defies logic and takes flight on the epic journey without hesitation.



*To the Winds of the North*

*Grandmothers, Grandfathers, Ancient Ones. We welcome you to our fire and thank you for saving space at yours.*

*Siwar Q'Enti, Precious Hummingbird, teach us the way of stillness in movement. Remind us we have the capacity to fly. That soulful wisdom guides our way. Help us cherish the sweetness and joy of life.*

*Ah ho*

Feel the shift in the air as the North answers and the precious small Guardian arrives.

### **Step 3: Cleanse the Stone**

Hold the Khuya with both hands, honoring it as a living ally. Now you decide how to cleanse the stone before moving



forward. Music, sunlight, Florida water, smoke, spoken prayer, or your own ceremonial way of cleansing. This path is elemental and aligned with Pachamama, so consider this in your cleansing ritual.

Make note of how you cleanse your Khuya. You may want to share this with others who are cleansing stones or Crystals to create elemental altars within their home, special space for creation or healing, or outdoors as they move through nature. Remember, you are a ceremonialist and a teacher. Even if you can't see this in a formal way yet, practice as if it were already happening.

#### **Step 4: Release unfinished business and old teachers.**

This step is new and unique to the North. When you fly North, it is a choice you make. A movement toward independent functioning. Use a simple fire ceremony to let go of any wounds, complaints/grievances, or stagnation you're away of in this moment. Simple, efficient. Burn them.



Next blow into a new stick all of your gratitude for the teachings, wisdom paths, and teachers who have brought you to this point. You are releasing the relationships to paths and persons so that you may forge a new direct relationship with both, as well as discover your own Archetypal Teacher and how you interact as student/teacher and teacher/student going forward as a Munay Ki Mesa Carrier.

#### **Step 5: Storytelling with the Khuya**

You're activating your creativity, imaginative storyteller, mythic themes, and energetically embodied teacher now.



This Khuya activation is a bit different. You'll be talking, singing, or teaching to your Khuya. It's important to use your voice.

Share what you are dreaming of AND what you're discovering about the Teacher Archetype and your Treasure Mapping (3 lists: pleasures, artistry, synchronicities). Playfully create some new future life path or describe an past or current event from an entirely different viewpoint. The more you share with your Khuya, the more powerful this dreaming Stone of Wisdom will be.

### **Step 6: Dreaming with Hummingbird**

All these stories are living within your Khuya. Now it is time to give them flight. Lay comfortably on your back. Place your Khuya on your third eye and call Hummingbird. Ask that your dreams, the dreaming of your beautiful Soul, and the Cosmic Dream to benefit all life be imbued within the North Khuya and your Third Eye.



Ask that you have the wisdom and vision to know what is yours to co-create and to recognize your collaborative partners, as well as the Divine timing for action to birth dreams into form. Once this request is made, spend some time resting within this activation. No pressure to notice anything. Simply receive.

### **Step 7: Charge with Munay and Sami**



Hold the Khuya at your heart. Breathe steadily and feel deep Munay, that boundless current of loving presence, flowing into the stone. Call upon the

Ancient Ones at the North fire and the Munay Ki Lineages to pour Sami, the refined light of their wisdom, through you and into the Khuya, so it keeps you ever connected to the masters who walk beside you in this tradition.

**Step 8: Gratitude to The Mother & Placement in your Munay Ki Mesa**

Touch the Khuya to the ground or place it in a small bowl of soil or river stone. Scatter a few seeds, nuts, or kernels of corn as a gift to Pachamama. With gratitude, place the stone in the North position of your Mestana, where it will live within the medicine of your Munay Ki Mesa.

Add the Crystal connected to your personal Archetypal Teacher and the representation of Hummingbird. Let these three pieces of the Stone Kingdom settle into the North together.



**Step 9: Close the Munay Ki Mesa and Sacred Space with Gratitude**

Place your hands over the Khuya, Crystal, and Hummingbird in their new home. Thank Siwar Q'Enti, Pachamama, the Lineages, and the living field of your Munay Ki Mesa for their witness and blessing. Wrap the Munay Ki Mesa with reverence, knowing this Khuya is now awakened in the current of the North, carrying both your release and your renewed intent.

Remembering that the Crystal is live with connection to the Archetypal Teacher and that Hummingbird and the Ancient Ones move with you within this Sacred Altar.

Place your Munay Ki Mesa on the Earth. Stand with it between your legs as you close Sacred Space with gratitude and love in every Direction.



## **Step 2: Call upon the East**

Stand facing the East and imagine it is dark with a hint of dawn rising behind the mountains in the distance. Breathe deeply, feeling the soles of your feet deeply rooted with Pachamama. Ask yourself - am I ready to explore a new way of being? It's a good check in to listen to the voices within you. Any hesitation, release it with the next breath down through your redwood roots. Call to those who soar to new heights as they'll be the perfect guides at this juncture.

*To the Winds of the East. Hatun Anka, Hatun Kuntur, Apuchin, Celestial Condor. Lift us above the world to the refined realm where we remember to soar and see clearly. Apus, call forth a new harmonious dream. Support our discovery of creative visions and awakened gifts that serve Pachamama and open a joyful path of becoming. Aho*

*Feel the shift in the air as the North answers and the soaring Guardians arrive.*



## **Step 3: Cleanse the Stone**

Hold the Khuya with both hands, honoring it as a living ally. Now you decide how to cleanse the stone before moving forward. Music, sunlight, Florida water, smoke, spoken prayer, or your own ceremonial way of cleansing. This path is elemental and aligned with Pachamama, so consider this in your cleansing ritual.

#### **Step 4: Assessing Readiness for Lift Off**

You're in a new potential. This class has arrived in the most powerful "East" that has ever assembled itself for entry. Do you need to burn a few toothpicks before moving on?

If so, you know what to do and what to let burn. You don't need anything but a lighthearted, playful 'why not?' attitude for the next step. If you're not fully ready to soar, lighten your load now.



#### **Step 5: Audacious Dreaming**

Your storyteller was activated in the North and is living in your Munay Ki Mesa. You've activated your Khuyas and Crystals and they've been dreaming in the bundle and throughout the Cosmos. Your allies are ready to support some wild and crazy dreaming. Give your mind something to do - listen to music and sing along - as you drop into the dreaming space.

Gather your advanced dreaming tools. A blank piece of paper or blank page in your Magic Book. Leave a blank space in the center where you'll place your Khuya. Get your wise imaginative child engaged with plenty of colored pens or markers. She who knows everything is possible, really wants to have fun, and is so stinking generous that she wants to care for everyone and everything on this beautiful planet. Yes, her. She is your advanced dreaming companion.



Ask yourself ..... what would benefit the world.... tremendously? What would benefit my life ... fantastically? What could I bring forth that would be so

meaningful and so much fun to create? Who might I partner with or what kind of posse would be fun to play in the creation with? Let your creative dreaming transfer quickly into images and words (not sentences) as you Vision Dump the Cosmic Audaciousness on your page.

This isn't a single project, organizational mapping, or how to bring light to form to do list. If a 'but, how?' or a 'but, me?' pops in, swat it like a toddler swats a bubble. Playfully and completely. Pop! Back to the question. What would be so much freaking fun and so meaningful and so much bigger than anything I can even imagine, let alone hold, right now? What would pour light onto this planet which is starving for light? Draw it, jot it, symbol it.

### **Step 6: Cosmic Contribution - Celestial and Solar Light**

Now you've got a mess of nonlinear ideas, half drawn sketches, and glimmers littered across the not so blank page.

Super. Put your North stone in the center of this glittery potential and place it by the window for 24 hours. Keep the curtain or shade open.

This will allow the Cosmos to source, fuel, illuminate, and jazz up the dreams. Moon, Stars, Sun, Lineages, Angels, and the entirety of bright energy will inform (in-form) these wild audacious and playful ideas. (Note - release total outcome here as they might not be yours to carry out, but they WILL be carried out throughout the Cosmos to the perfect match). Let the magic page and North stone rest in this conversation for 24 hours.

When time is up, you've got a Khuya and it's ready to play. Give it a kiss (seriously, kiss it) and put it in your Munay Ki Munay Ki Mesa. The page



goes in your Magic Book or your book closes. You can rest your Munay Ki Mesa on the page/book if you want, but that's up to you. The Khuya is fully programmed.

**Step 8: Add your Artist Crystal and Eagle/Condor**

Add the activated Crystal connected to your personal Archetypal Teacher and the representation of Eagle or Condor. Let these three pieces of the Stone Kingdom settle into the East together.

Ahhhh, feel the completion?  
And if you're not there yet, go forward in time.  
Ahhhh, feel the completion?



**Step 9: Close the Munay Ki Mesa and Sacred Space with Gratitude**

Wrap your Munay Ki Mesa with reverence, knowing this Khuya is now awakened in the current of the East carrying your audacious dreaming from the future into your perfect unfolding.

Place your Munay Ki Mesa on the Earth. Stand with it between your legs as you close Sacred Space with gratitude and love in every Direction.





## Your Living Munay Ki Mesa



You've completed the discovery, initiation, and compilation of your Munay Ki Mesa. You've traveled the Medicine Wheel with integrity, awareness, and a playful spirit. Now is the time that you relate to your Munay Ki Mesa in your own way. So you may deepen your relationships with the Khuya and Crystals in every Direction. Every time you anchor in energy through encounters with nature, meditation and prayer, Sacred Dialogue, Archetypal Journeys, Fire Ceremonies, and your unique personal practices, you deepen the power and wisdom within both you and the Munay Ki Mesa.

The Munay Ki Mesa is a Living Energy which represents the Cosmic Living Energy, Kawsay, that inhabits all things, places, creatures, and people. It is part of Pachamama. It is a part of you. Treat your Munay Ki Mesa with car,

love, and respect. Receive the same the same in return. This is the living relationship. This is the Living Earth in form - yours and every aspect of this Sacred Bundle.

You have traveled a new path with me in the creation of the Munay Ki Mesa Carrier journey. Life thanks you, as do I. Let's all walk forward with this wisdom as it guides us along the perfect unfolding. Aho.

