

## Journey North: Meet the Teacher Archetype.

October 28, 2025

Enjoy a deep and beautiful breath and land within your body. Perhaps another and really travel through the body. And through the bottom, the legs, the feet. Into the rooting system. Into Pachamama.

And breathe up that energy. Knowing that She is anchoring the physical body.

And tune into the environment that you are in. And notice your physical body. Making sure it is comfortable. And reminding it that it will be left behind. For the LightBody is that which travels and it is safe.

Rooted within the Mother. Cared for by Pachamama. And also, the beautiful Otorongo is staying with the physical body.

And here you are ready to embark upon a journey to an unfamiliar territory. You have the awareness that you are flying North. And yet, you do not know where North is.

What is important to know is that you are designed for flight. You have the capacity for heightened awareness and joining with higher frequencies.

And this preparation that has been done with all of the shedding of the hucha. The density. That old energy.

And now to understand that shedding, burning, releasing will be a rapid experience. See it. Tune into the wisdom gained. Forgiveness in all directions. Shed it. And then fly free. This is the work that has been done to prepare for the freedom of flight.

And call your LightBody now, to step forward out of your physical body and just pause there. Tune in that LightBody standing before you.

And the brightness indicates the energetic presence of the qualities that are required to move into the Mystery. To fly into the unfamiliar.

Notice the brightening as they are named. Of trust, clarity, courage.

There's the natural activation of curiosity from a place of relaxed alertness. The playful engagement.

So, this LightBody is prepared to fly North and look for the map markers. To look for the clues. Has the ability to find these resonant patterns that will guide the journey.

And, to support this, your Explorer will be what might be known as your rear guard. Not in the sense of guarding you against trouble. But more in the sense in "having your back." And your backpack so that you may travel light.

This Explorer knows the thrill of launching into flight into the unfamiliar, into the Mystery.

And this is the delight of the existence of the Explorer Archetype. And you could not leave this one behind if you tried.

Launching into the unknown. Flying into the Mystery. Discovering what is possible. What is ready to be brought into form is one of the great joys of the Explorer.

Now you have a sense of this Explorer also as a form, a familiar form. Perhaps it has a name or an image or a way that you have communicated.

Perhaps it has clothing in its mythic depiction. A backpack. A compass. Anything that you feel that this Explorer wants to show you. But mostly there is a sense of delightful security. That you travel well with a companion.

Before you appears a small, bright Hummingbird made of brilliant light.

Does not look, except in form, like an earthly Hummingbird. It is made simply of light. And sometimes it moves so quickly that it is just a streak of light. Other times, that practice or demonstration of stillness in motion.

It faces you, little wings fluttering rapidly, giving you an illusion of soft light.

Turning sideways so that you see the silhouette. And then turning to face the closest window.

Out it goes and out you go. Last out is the Explorer. And you find yourself gathering on the front lawn of Soul Sanctuary. Everyone has arrived. Everyone is perfectly prepared. And excited for the journey.

This is the flock that flies together. That knows how to maneuver. These are the Hummingbirds. One per beautiful woman. And one Explorer.

This is an interesting compilation of adventurers. The tiny. The LightBody. And perhaps even the more humanoid or image constructed Explorer.

This is a an experience of collaboration. To begin before the launch there is the requirement to still very deeply. And so, the Hummingbirds are still. The Explorer is still.

And the ladies are invited to still. Even as the energy systems vibrate. Higher. Higher still. And higher.

And now the instructions have arrived. Moving through this field, as if a single communication, has stated that flying North will benefit the collective.

And also to contribute to the dream of a harmonious future for the Earth system. All of the creatures and the peoples. All of the celestial parts of this ecosystem. Every aspect of the elemental. And the synthetic. All of this creation.

The intent of this flight. Of this flock. Of light. Is to contribute to the harmony of the current time and future time.

The Hummingbirds without notice lift. And you find the LightBodies lift. And beyond that the Explorers lift. It is almost like its a wave form.

A ribbon of points of light. Of beings of light. And it ripples. It is a fat wave form of light. It looks like a ribbon of light undulating upward and upward. Turning due North.

And you find that it is effortless. This undulating movement to move as if you are part and you recognize that you are part of a collaborative ribbon of light.

The pattern is much like a sine wave. Equal valleys and equal peaks. But they are rounded.

You may have the idea of this wave form pattern. That continually and rapidly lifts higher and higher so that the Earth begins to be far below you.

You have the sight above these tall perhaps pine trees. And other tall oaks as you fly. You are flying a bit above. Almost as if you are above two pine trees. One stacked upon the other.

Not so high as an airplane. And yet, you are above the trees. Above the buildings. Above the street lamps. And you fly North.

And as you fly, you find that you are angling Northwest. Still flying at this height. Very easily.

In light form it is easy to fly. You begin to have a sense that the land beneath you is colder and colder.

In time you recognize that there is a spacious environment below you. You have left the cities. And the greater congestion of those United States. Entering Canada.

Flying now above beautiful lakes and mountains. Almost immediately upon this recognition you find yourself landing. Almost as if you take one step and two steps. And you are walking towards this fire.

You are in a clearing surrounded by this forest, snow covered trees.

You find your LightBody is in a parka and snow pants and boots and gloves. It is interesting that a LightBody is dressed for the occasion. And yet, as you walk closer you find that there are a number of stumps. Beautiful wooden seats that are carved.

Every other seat is taken. By small and tall ancient ones that are in parkas and snow pants and gloves and boots.

There is a roaring fire in the center. Find the seat, every other has openings. On the right or the left. Notice where you land in the circle. Your Explorer squats behind you.

And they are both protectors of this circle. Serving like the Jaguar serves. A ceremony. Or physical body. But they are also close enough. Interested parties who are keen to eavesdrop on the proceedings.

The Hummingbirds fly directly into the fire. And when this occurs, they fly through the fire. Above the fire. Spiral down.

They are moving in patterns that sometimes leave ribbons of streaking light if there are more than one. Other times, really thin streams.

There are moments that it seems there are snapping lights. Twinkling lights in the fire. This is the pausing. This is an energetic communion. With the transformative power of this element.

The Hummingbirds will play in the fire. They are also communicating energetic information that will be transformed and lifted by the smoke. By the gasses. That have to do with the nature of the planet in this moment. And carry requests from the elementals to send to the stars. Both report and request are occurring.

A Wise One stands. He is small in stature. His skin is white and wrinkled. The hair that can be glimpsed is grey. These eyes are blue and sparkling. And seem vital, full of life.

“Welcome sisters. Thank you for your return.”

And the others nod as you recognize that this is both a recent return for you have been to the Northern fires. And an ancient return. For this is a familiar place.

“This is a new time. This is an important gathering. And together there is a collaboration for leadership for humanity. To elevate their way of relating to one another, to their own energy. Both in the rapid transformation of denser energy and idea. To also an understanding and interaction with their own vital energy structure that is designed for elevation.

You have been called here to the place where we honor this Mother that we all share. And to those ancestors that we stand upon their shoulders.

We honor the personal ancestors. The ancestors of this land. We honor the ancestors that have been in form and those that have guided us. What we call etheric lineages from the stars. Or those who have manifested as humans or mythic deities in order to represent the potential always of

humanity. We honor the children who contribute to this dream. Who are yet to come into form.

There is a primary purpose for you this small circle to be here. It is an instruction that you must receive.

There is no time for the small logic to continue. This is a story that you may call old. Already lived and quite stale.

This is a story that has a predictable, longterm ending. What you as a reader would say that the character has not developed sufficiently. Or taken advantage of the magic or Mystery that was before them.

That they have ignored strengths or capabilities that exist within them. And they have missed the opportunity for collaborative leadership. To bring others to a place of higher functioning.

This is not meant as a diminishment of all that you have accomplished. Nor in any way shape or form to dismiss what your heart requires. And what you long for.

It is simply an acknowledgement that it does take a significant choice to elevate into the next way of being. That is why this meeting, this council has gathered.

You are called to the action of modeling embodied wisdom. This is the wisdom that you associate with the North. It is ancient. It is mythic. It is broad. And it applies to the collective.

It goes beyond your idea of time, and yet, it can be deeply personal to those that witness the modeling.

This is what we call Teaching. The embodied modeling of wisdom.

This is what we call a Teacher. We look to the attributes of the Archetypal Teacher.

The capacity to be so still. So finely attuned to the moment-by-moment movement of life. To perceive the harmonic patterns.

This is the dance that occurs when you can participate with the movement of life. As wise Teacher. Wise guide. Wise model and mentor.

When you go beyond the particular Teacher. To the collective Teacher. Which is Life Itself. And in the movement of Life Itself, you will find moment to moment what arises.

It is like some of you said. It can be quite magical. Enjoyable. Delightful. To discover that you have this within you already.

The crystals. The heart. The courage. The trust. The tenacity. The clarity. The curiosity. The creativity. The fine-tuned awareness that allows you to map the very subtle clues that are inviting you into participation with a higher way of being.”

This one abruptly sits down. Directly across from him stands a very tall feminine form.

She puts her hood back. And her hair is silver, seemingly glistening with light.

There is a sense that it is long. And she nods and acknowledges that her hair itself at times serves as an antenna. That it aligns with resonant frequencies like a tuning fork.

“That is part of the gift,” she says. “To recognize what aspects of your energetic and material system are finely tuned to perceived information.

You, yourself, are a tuning fork. You have the capacity to perceive resonant energies and begin to translate them through your being.

It is something that when you practice the art of as you're playing this game of tracking: that light tracking, that creativity tracking, the noticing of patterns that you call synchronicities. That you will be fine tuning your own antenna.

And it can be any aspect of your energy. Of your physical body. Or even ways that you work with your stones or your crystals. Your plants or your fire. Your water. Or the invisible realms that communicate with you.

I would add to the invitation to step into embodiment. Which requires you to begin to practice not only stillness in movement, but the art of integrity.

Now from the art of integrity where we are as Dreamers or we hold the high dream for the collective for the future. And where are all of those from an elevated space also contribute.

There is no leader in this circle. Everyone is a contributor and a collaborator.

And you yourselves are invited here. As is anyone who can find their way.

You would look in a hierarchical fashion. In a way in saying asleep to awake. Or unskilled to skilled. Or apprentice to master.

What we would simply invite any aspect of human to come here. And to sit if they have the courage. The curiosity. If they have the trust or just the flight of fancy that lands them here. They are in the perfect place.

This is what I would say to you - that which lands upon your doorstep is perfectly offered to you. And the time of avoidance of that which is

uncomfortable or difficult has passed for you. The time into delving into that which seems difficult may be done now with a lightness of being.

You have had this story of having a cup of tea with that which is challenging. Imagine that you would bring this cup of tea, perhaps in a thermos, to this wisdom council.

And you would invite it to sit here. And listen.

Perhaps at some point when you would engage in conversation with the difficulty, you would find that it is not difficult. Or it had transformed into a wisdom Teacher itself.

You may bring any challenge you have. Bring the challenge. Sit it on a stump.

That is it. When you come to the council. Everything is elevated. And the perception that you hold may be alchemically altered.

Leadership and collaboration with others. Be they your family, your friends, your colleagues, those that you engage with projects, your mentors, your Teachers or you as an embodied Teacher/mentor.

All of these engagements. Coming from a place with the qualities of the Archetypal Teacher. Beginning to embody within you.

Well, what are these? It begins with an organization of the system of course. And then, stillness."

All Hummingbirds come out of the fire for a moment. And then model this stillness.

This woman laughs and says "They are always showoffs. And have a sense of perfect timing."

Now they, as if they were synchronistic flyers, each turn to the left. So, you see the silhouette again. And in perfect order turn again to the left. So, you see the silhouette from behind. And one more time, they have given you a full view.

And now they point upwards. So, you see what they look like from the bellies. And they then again synchronize downward. So, you see what they look like from above.

Then they are gone.

This one laughs and enjoys the airshow. She says that "It is often different. Sometimes it is only sparked as a language. Other times it is streamed as filaments of light. This time you saw the embodied light form of Hummingbird."

Yes, the others in the council are laughing. Someone suggesting that should be an Olympic sport. Indeed, or a part of an airshow.

"Imagine that if humanity had the capacity to witness these small creatures of light and high frequency. Playfully interacting. And demonstrating, modeling the embodied understanding of a harmonic cosmos.

Perhaps one day in the future humans will be ready for that.

Once still there is the awareness of the field. And the playful engagement. And this requires integrity to stay in the moment. And not travel to the past stories or habits.

And to begin to simply be with, I am with you. Say to the moment that which is difficult 'I can have a cup of tea with you. I can bring you to the wisdom council. I can find myself popped up and above. I lose my sense

of judgement. I come into curiosity. I even at times lose my sense of compassion and understanding for that is distinctly human.

The Hummingbird itself is simply curious. The Explorer Archetype is simply curious. The Teacher Archetype is still. In alignment with the pure and perfect path.

That it, you, who will organize yourself in relationship with this Archetypal Teacher. So, you, as a particle particularized matter as a focus of the Cosmos. You as a unique aspect. So many ways to say this.

This is the integrity. Moment by moment to return. And to do it rapidly.

To skip the step of 'whoops I lost it again because of this. Or awful me.' Or all of that stuff that humans done. It's nonsense chatter.

Return. Return. Return. Return. Take a breath. And see what is happening.

Stillness and integrity involves the great action of return, breath, and notice. So, notice. Return. Breathe. And notice.

While here there may be something to follow. And here there may be something to appreciate. And here there may be something to delight within.

Ok. Notice. Breathe. Enjoy. Participate. Repeat.

This is the engaging play with the Cosmic energy. It is an essential aspect of what you call Hummingbird medicine. But it is a way to live the Mythic.

It is a way to fly upon the unfamiliar. To enter the unknown. And trust nectar by nectar. Clue by clue. Garden by garden. The flock will find its way.

Now the flock has extended to every human being upon the planet. To the ancestors and the wise ones guiding them.

And to the futures, what we will call the futures. They are the ones lining up to arrive with their gifts and their plans for their own challenges. There is great excitement in the futures.

All share responsibility. You do not have a heavier responsibility. All share this.

This is a place, a council that you come. Perhaps in the full moon. The circle is larger, and it is concentric.

The fire is larger. And there are more Hummingbirds.

And take a moment. The Explorer has moved back. And there is a presence behind you. Sense the presence. Without turning around.”

And the tall one, she sits.

This is the Teacher Archetype. That has come to introduce themselves to you. And yet, do not turn around. Sense, perceive. What is the impression of that which is behind you.

Without bringing them forward, what do they look like? How tall are they? How clear are they? Are they in light? Are they in form? Are they vague? Are they detailed?

Do they have a gender? An outfit? Do they have an expression? A personality? A radiation of anything? And do they have props? What is this Teacher?

And bring them around the front. You have a perceptual field that only sees now your Teacher.

The fire is there, but is not as if you can see anything else.

Again, perception, impression, engagement. This is your personal Archetypal Teacher. It has arrived.

And right now, in its own light form is the crystal. Your Teacher has put the hand out for the crystal that will be in your mesa. And you have this available. Hand it over. Notice what happens.

This is the attuning of your crystal to the Teacher Archetype.

Now thank this Teacher. And you find that they return the crystal to you. That you can tuck in your LightBody somewhere or in the pocket of your parka.

And your circle reappears. And these Teachers are greeting the other Wise Ones. There is a familiarity.

Some are deferential. Some look like they are old friends. And all of you are sitting watching this reunion. There is a lot of joy here.

There is a small one that now stands. And all Teachers come to stand behind you with the Explorer.

The small one stands. He has a very round face. He appears to be about 7 years old. Asian in appearance. Solemn in his face.

He says, "There is an invitation to higher order of being. There is a pattern in the Universe that wants to be a Teacher to you as well. There is a requirement to come to that mind of what you call the curious one. The child mind. That exploring nature. This is a delightful activity. And it is required.

When you engage with your Teacher, the advice of this council is to recognize that you will be asked also to 'teach the Teacher.' This is part of what you call in human terms a practicum.

And so, there will be times with your engagement where you will be talking aloud or demonstrating something.

Teach the Teacher. Practice using your voice. Demonstrating.

Begin to teach how to wash the dishes. Teach what you know about building a bird house. Teach about the new concept that you have read in a book. Or teach about something that you remembering that you knew as a younger person. Or something that you are learning in the current moment.

When you are engaging yourself, the Teacher, your Archetypal Teacher, will encourage you, will coach you, will support you.

You will find that you will begin sharing, and sharing, and sharing. And finding the language to do so.

It may be a snippet. It may be a very short presentation. And it may be month long Teaching that unfolds itself step by step.

You are becoming a Teacher. Now this is through the modeling. The first order of Teaching always is frequency. This will then radiate through your being. That is your strongest communication.

This is why stillness and integrity are so essential to the Teacher Archetype. And to be embodied.

So that you may be a leader and collaborate with others at every level of expertise to share knowledge, kindness, enjoyment, wisdom. And you will find through this practice that you can engage a higher level of creativity.

This will engage also with your Stone of Wisdom [khuya]. There will be a verbal experience with your Stone of Wisdom. This will be described to you later.

All of this is to activate within you, the modeling of embodied living. In resonant frequency to the harmonic pattern of the cosmic movement of life.

And this is what the world requires to move into harmony. For the potential of healing, of creating with joy, of playing well and collaborating with one another.

This is the ability to recover that knowledge and way of being that was lost. All of it is in this potential.

Remember that when you see the image that I hold for you now, that seemingly is a wise, young child. That gives you idea of ancient knowledge. Of different wisdom traditions.

I am simply an embodied model, idea, of how to approach the unfamiliar. The unknown. The creative potential that wishes to birth itself to your attention, through your experience, out into form in the world.

We are grateful for the return.”

This one sits down. All of the Wise Ones clap their hands twice and they are gone.

The Hummingbirds come to you and you immediately all lift Teacher, Explorer, light lady, light Hummingbird, and the wave ribbon pattern rapidly moves back.

Everyone lands in perfect unison on the front lawn of Soul Sanctuary.

Take a look around. There are tiny fluttering beings. There are Explorers. And there are Teachers. There are sisters.

The door is open, walk in. Walk down the right hallway, the first hallway. Through the back salon, up through the hallway and out through the other door. Make that circuit. Anchor this wisdom and instruction into Soul Sanctuary. And as you leave the other door. When you come to the back of Soul Sanctuary, take flight.

Fly directly in through the window. Come back into your body completely and fully with every particular, wave, and new sourced information.

The Explorer, the Teacher, the Hummingbird, and your LightBody. The Explorer, Teacher, and your LightBody moves directly into your body.

Bring everything into your system. Call every aspect, particular, and wave back to yourself. Every level and layer of energy is informed. And take a breath in, and down to the Mother. Up from the Mother and down.

When you have access, you will take your right hand and place it upon your crystal. And that will be the transfer of information or the attunement of the physical crystal.

Take some time and be aware of your physical body. This was a rapid and elevated journey. This was an informational exchange. Let this settle in your body.

And have gratitude. Perhaps the experience of delight of what is to come.

You did this in perfect order, collaboration, and integrity. With stillness in motion that primes you for leadership and embodied modeling which is often called Teaching.