

Munay Ki Mesa Carrier

Fire Ceremony of the West Otorongo



Open Sacred Space
Open Wiracocha
Light Candle/Fire
Tune in with Otorongo
Offer your personal prayer



May I be a clear flute so the energy of the
Cosmos may play its music through me.
May I surrender the fear carried in my body and mind.
May I release my attachment to how I need life,
myself, and people to be in order to remain comfortable.
May I dive within the shadow to release my shame and
beliefs which separate me from my sovereign nature.
May I realize I have no enemies and need no protection.
So I may radiate love, understanding, and compassion
for all my relations, especially those who challenge me.
May all be blessed with the love of Creation, remember their
infinite nature, and live in harmony in Pachamama's garden.
May I walk with courage as I trust the unknown
which calls me to walk a path of undefended love.
Aho



Step 1 What Needs to Die?



Dropping within stillness, examine your current life as it is now.
 You are continuing the act of clearing as you courageously
 dive within the layers of your shadow and light.
 Let whatever wants to arise reveal itself.
 Make a brief note - just a word or two.
 Drop back within your still noticing.
 You may prompt this by examining areas of life.
 Begin with the personal. Visit the Ancestral and Collective.

You can not grow a new dream if you're
 still living an old nightmare



The West has Beautiful Questions

Look at these in your GuideBook.
 Spend time with each one. They have layers.
 It is helpful to ask the question, record the answer, and ask again.
 You may also return to the prompts in Sachamama's Fire Ceremony
 and create your own questions arising from within.



Ask Otorongo to help unearth what you are carrying from
 your lineage. What beliefs, curses, failures, or patterns
 are you living out. Ask this question even if you don't
 know much about your ancestors.
 Otorongo will help you track the truth
 so you may release it for the benefit of your lineage
 (those who came before you and will come after you)

Go broader to what you've carried karmically
and what absorbed from societal conditioning.
All that will empower healing across time, space, and culture.
Always intent to release all that is hidden from view.



Remember these Topics

Love relationships - family, lovers, children, friends
Love of self - personality, body, way of interacting with world
Body health or illness - patterns of lifetime
Aging - the process, worries/fears, and family history
Illness, Death, Dying
Way of Being in world - loving, relating, contributing
Joy, Contentment, Beauty Creation - or feeling lack
Primary themes of scarcity, aloneness/unwanted, unworthy
Deathbed assessment - how did I live my life?



Step 2 The Shedding. Death Arrows.



When you've reviewed your list, choose what wants to be given to the fire in this ceremony. You may do this all at once or with many ceremonies. You are at choice. Otorongo will be present with you however you proceed - as protector and guide.

Sit with the candle or fire.
Have your toothpicks/plate or sticks (Death arrows) handy.
Inside, use a votive candle with a dish for burning toothpicks.
Blow into each toothpick 3x whatever you wish to release.
You may take one issue at a time: blowing 3x and burning.

This allows for concentrated focus on each area.
You may also prepare a number of toothpicks (blowing issue)
and burn them one after another when done.
(You do not have to track which toothpick holds which issue).

Witness the fire, glowing wood, and releasing smoke
with gratitude for the release and healing.



Step 3

Feeding your 3 Wisdom Centers

You have made space within your bodies (physical, energetic) as you released the stale, dense energy that you have carried with you for years.

The Fire now offers its healing energy to fill your 3 Centers:
belly, heart, heart. So you may create from the realm of potential
rather than from a history of trauma.

Draw your hand over the flame 3x as you bring the light into your
Belly: the space of right action and manifestation
Heart: the space of right relationship and love
Third Eye: the space of clear vision and new perception
Offer your gratitude to the fire and your own body of light.

Step 4

Creating 4 Life Arrows



Cleared and renewed, you again offer your gratitude to the fire,
Otorongo, and all etheric elements and lineages who assisted
with your ceremony of release and healing.

Next, you engage the healing of the firelight with prayers at four levels.

#1 Healing for Pachamama

Blow into your toothpick all your prayers for the wellbeing of Pachamama and all her children. The plants, animals, waters, stones, humans, fish, birds, creepy crawlers, and so on.



#2 Healing for Challenger turned Ally

You may have identified a person who harmed you, but now is seen as coming to help you master a skill or lesson. Turn that challenger into an ally with gratitude for their offering, even though it was difficult. Remove any negative energy you've sent to them over the years (blow into same toothpick)

Honor them, forgive them, bless them to the best of your ability. Ask Otorongo for courage to see them truly. Reminding you that you have no enemies.

#3 Healing for your Health and Wellbeing while Aging

Having faced fears about your body, health, aging, and dying, now offer your prayers for a different dream to unfold.

Ask for the courage to do your part to take responsibility and live differently.

#4 Healing for your New Growth - New Body

Gratitude for assistance of this ceremony, etheric helpers, teachings, and guidance that allows you to grow a new body of light, shifting the DNA, calling forth destiny, and the evolutionary potential of the Homo Luminous.

With gratitude to All, close your Wiracocha and Sacred Space

**Witness the fire as it dies (no water), use snuffer,
or let candle burn down naturally (with supervision).**

Release Otorongo.

Journal. Drink fluids. Rest body. Listen to inner wisdom.