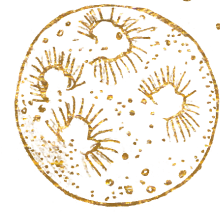


# Munay Ki Mesa Carrier

## Mama Q'illa Fire Ceremony



In the Andean medicine tradition, the fire ceremony is a core practice of renewal—a Sacred dialogue between you, the Living Cosmos, and the elemental power of Wilka Nina, the Sacred Fire. For generations, these ceremonies were conducted by medicine people as acts of healing, prayer, and dreaming on behalf of their people. Today, the Q'ero shamans teach that in this time of Pachakuti—the great turning over of the world—the power of fire ceremony belongs to all people.

### ***Wilka Nina is both teacher and ally.***

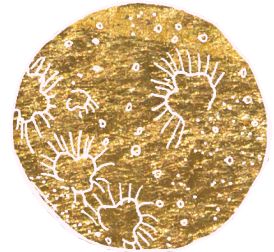
Fire offers one of the most immediate forces of transformation as it consumes what is no longer needed while offering warmth, clarity, and new light. It fuels and nourishes, purifies and transmutes. Lifting your prayers to the heavens, Wilka Nina serves you and the Cosmic Light as it carries your gratitude into the unseen realms, and reflects back the power of your release.

When you approach the fire with reverence, it responds as a conscious partner, working with your intention to restore harmony within and around you.



Honoring Grandmother Moon with a fire ritual amplifies your release, transformation, and renewal. When full, Mama Q'illa, shines Her radiant light on the hidden corners of your being. With great love and understanding, She encourages you to see and release those unconscious patterns, outdated stories, and subtle fears that keep you bound. As you release what no longer serves, you're encouraged to draw upon Her fullness to nourish that which you most want to grow.

The new moon, by contrast, offers a womb like darkness. In the safety of the Grandmother's embrace, there is an opportunity for deep listening, planting of imaginal seeds, and dreaming what has not yet come into form. Entering the dark allows you to still and step away from the bright, busy world of distraction. As your nervous system settles and ancient memories of simpler times arise, something within you remembers the intimate connection with the natural world and the easy flow of celestial light.



The fire ceremony is ultimately the practice of Ayni and the gift of Sacred reciprocity. You offer your Hucha (dense energy, old wounds, limiting beliefs) to Pachamama, who graciously receives and composts it into fertile energy for the greater good. In return, you open to the flow of Sami (refined, luminous energy). By the light of the fire, you bless your three centers and strengthen your auric field with harmony, light, and creative power.

As a Munay Ki Mesa Carrier, you are not simply releasing the past—you are midwifing a new dream. Each ceremony becomes part of your living dialogue with the Sacred Dream, the fire-fed prayers that ripple across the

web of life. Step into the fire with humility, gratitude, and courage. Offer what is heavy. Receive what is light. Dream the world anew.

## ***How to Create Your Personal Fire Ceremony***

### **Open Sacred Space**

Call upon the Archetypal Guardians, the Apus (Mountain Spirits), the Nustas (Sacred Feminine Beings), Pachamama, Wilka Nina (Sacred Fire), and Mama Q'illa (Grandmother Moon).

Welcome the fire as a living teacher and ally.



### **Light Your Fire or Candle**

Use a safe, intentional flame: a fire pit, cauldron, or single candle. Indoors, use a candle in a fire-safe dish.

### **Reflect and Set Intentions**

Ask: What am I ready to release? What is ready to be nourished? Meditate or journal briefly to clarify your prayers.

### **Prepare Your Offering**

Use a small stick, pinecone, leaf, or toothpick as a carrier of your intent. Blow your prayers (what needs releasing and what nourishment is sought) into the offering. Speak them aloud if guided.

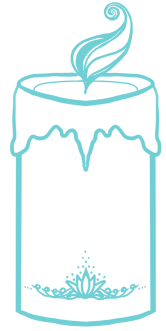
### **Approach the Fire with Support**

When stepping toward the fire, have someone stand behind you as a quiet witness and supporter. This tradition reinforces your courage and

belonging as you offer what is tender or difficult to release.

### **Give to the Fire**

Place your offering into the flame. Witness the transformations as the energy leaves your field and is transmuted. Speak gently to the prayers rising in the smoke.



### **Draw in Nourishment**

Use your breath and intention to draw light into your three centers: Belly (grounding and vitality), Heart (love and compassion), Third Eye (clarity and vision).

### **Meditate, Pray, or Chant**

Stay present with the fire. Sing, drum, dance, or chant if inspired. Let gratitude pour from your being. Sing the fire song (see separate handout).

### **Close Sacred Space**

Thank Wilka Nina, Mama Q'illa, Guardians of the Four Directions, Pachamama, Sacred Lineages, and Cosmic Light. Offer words of gratitude: "May this ceremony benefit all life, across all realms and kingdoms, now and for future generations."

### ***Beautiful Questions for the Full Moon***



What has Mama Q'illa illuminated in my life that I am ready to release?

What outdated stories or patterns am I ready to surrender to the fire?

What prayers am I ready to lift for my family, my community, and Pachamama?

How might I invite more Sami (light, harmony, and beauty) into my daily living?

### ***Beautiful Questions for the New Moon***

What seed of the Sacred Dream is ready to be planted in my heart?

How can I create space in my life for what is emerging, even if I cannot yet see it?

What qualities do I need to nurture within myself to become a fertile vessel for the new?

### ***Practical Notes***

Frequency: You may create a fire ceremony in the full or new moon, or whenever you need support, guidance, or renewal.

Offerings: In addition to sticks or written prayers, you can offer flowers, herbs, or symbolic items (always biodegradable).

Expression: Add music, drumming, chanting, or movement to amplify your prayers.

Safety: Indoors, keep your candle on a fire-safe surface. Use a dish for burning toothpicks or small offerings.