



Munay Ki Mesa Carrier

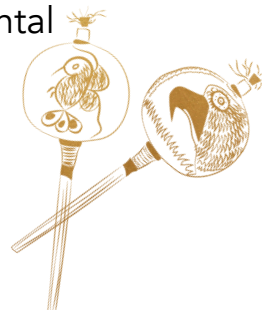
Chumpi Karpay ~ The Bands of Power



The Bands of Power consist of five belts (Chumpi) made of Kawsay, the animating energy of the universe. Unlike chakras, which are part of your energetic architecture upon birth, the Bands do not exist until they are consciously woven into your LightBody. Each made of Living Energy, they are associated with the elements of Earth, Water, Fire, Air, and Ether.

Weaving these elemental belts into your field stimulates your own inner ecosystem, deepening your connection with Pachamama, and activating the intelligent functioning of your LightBody. This enhancement of your energetic architecture supports your intent and daily practice to “Return to the Mother.”

Within Andean cosmology, there is no separation between people and the Earth. All creatures and all kingdoms, belong in the Mother’s Garden. Humans, plants, creatures, and rivers alike are pure Spirit. Herein lies the alchemy of luminous presence coalescing within elemental forms. Installation of the Bands of Power allows you to live into this story, integrating it into your psyche as personal wisdom.



At the mythic level, the realm of the Soul where the shaman resides, every representation becomes that which it represents. Thus, when wrapped in these colorful frequencies, you are wrapped in the elements themselves. This creates the fertile garden necessary for seeding dreams for your own becoming, special projects, beautiful relationships, abundance, and a harmonious future for the planet.



Earth/Black **Below navel to below feet**



Water/Red **Navel to Solar Plexus**



Fire/Gold **Solar Plexus to Heart**



Air/Silver **Heart to Throat**



Ether/White **Throat to Third Eye/Crown**



The Bands filter dense energy generated through heavy thoughts, emotions, and actions. This Hucha diminishes your natural vibrancy and negatively impacts your physical and emotional well-being. As you enter into harmonic resonance with each element, you improve energetic and

physical wellbeing. Having a strong energetic architecture is important for vital living and recovering from physical toxicity or illness.

The Bands of Power may be “spun” to release hucha from your field and offer it to The Mother to transmute. Spinning or strengthening the Bands also filters the dense energy coming from the world around you. They also provide an extra level of support when doing healing work, venturing into the world, facing uncomfortable situations, or as clarification of your field.

While the Chumpi are often presented as Bands of Protection, you may consider a different perspective practiced within the Andean energy tradition. True power as a medicine person is measured by the degree you can master your energy as you perceive and relate intentionally to the Living Energy. As the entire cosmos and whole of nature is made of Sami, there is nothing to protect yourself from. The Bands of Power bring you closer to the realization that you are a blossom in the Garden of Pachamama infused with elemental energy.

Your work as a Munay Ki Mesa Carrier is to clean hucha, cultivate Sami, walk in beauty, share Munay, and live in Ayni.



The Bands, formed of Kawsay, are also encoded with capacities of refined consciousness. Some of these abilities frequencies carriers

abilities you've already developed and use in daily living, while others exist as potentials that have yet to come forth.

Black Band - Earth

Holds the capacity for your actions to be timed perfectly with the universal flow for the most beneficial outcome.

Red Band - Water

Holds the capacity for personal power and to live enthusiastically engaged while taking action in the world.

Gold Band - Fire

Holds the capacity to know and express your true essence and live your soul purpose.

Silver Band - Air

Holds the capacity to speak with truth, integrity, and power. At a higher level, the magic power of sound influences matter.

White Band - Ether

Holds the capacity for mystical vision and insight.

It is important to note that this Karpay (Rite) did not originate with the Q'ero community but from another Andean lineage. This results in different interpretations, initiations, and ways to work with the Bands. Some install the Bands of Power with Chumpi stones which have different number of points to represent principles of the cosmivision. As taught through the Four Winds, the Munay Ki Practitioner offers all Rites with a Pi Stone.





Transmission of The Bands of Power

As with every ceremony, you'll begin by opening Sacred Space together. First calling upon the Directions and all guardians and guides. Next opening your Wiracocha to pull the light of your Soul around you. As you enter this Sacred Space, you step out of the world and into the realm of the Soul. Engaging the luminosity that is Spirit downloaded into your Soul, and your Soul downloaded into your energy system.

Prepare for the Chumpi Karpay energetic transmission (seeding of light) by activating Sacred Space and opening your Wiracocha. When you draw down the energy from the Source of the Sacred around you, a cleansing and enlivening of your LightBody occurs. You are being resourced by Kawsay. When you are opening/receiving the Wiracocha with others in ceremony, remember that you are sharing the Kawsay and not using your own life force.

During the Bands of Power Rite, the Munay Ki Practitioner will first guide you in aligning with the Bands and your intent to seed this light in your field (your personal garden). Through ceremony, silver and gold cords representing the energies of sun and moon are gathered, and each elemental band is traced around your body.



The Munay Ki Practitioner guides you in integrating these woven belts of light through meditation before closing Sacred Space. Once woven, the Bands become part of your LightBody, to be nurtured through daily practice. As you acknowledge and strengthen them, you come to embody the knowing that you are one with Pachamama, the stars, and all creatures.



Chumpi Karpay Integrative HomePlay

Nourishing the Bands to ignite luminosity and deepen understanding

Daily Dialogue with the Elements

Visit your altar and spend a few moments in grateful communion with your elemental partners. Light your fire, infuse the water with a prayer or intent, hold your stones/crystals, sing/chant/pray aloud, and then listen to the invisible. You engage your elemental partners on the altar any way that feels true to you in that moment.

The same practice can be undertaken in the natural world. On a walk, sitting on your deck, gardening, or walking into the market. Notice the Earth in any form beneath your feet, the air in your lungs and the trees, the fire in

the sky and your heart, and the flow in which you move. You are an Elemental Creature of great beauty. Bring that Presence into the world.

Spinning the Bands: Clearing Hucha

The Bands are woven within your LightBody, beneath your feet and above your head. As they spin individually or all at once as a woven cocoon of light, the dense energy within you is lifted and released to Pachamama. Play with this practice as there is no one way nor right way to spin the Bands.

You may enjoy engaging the elemental energies within you through dance or gentle movement. Choose music that appeals to you from any genre. First, check in with your body and energy field to see how it wants to flow that day. You may enjoy a more focused song such as Earth My Body by Maggie Clifford or any song which aligns you with the elements and harmonic flow of Pachamama.

Return to the Garden - Cultivating Sami

In modern society, you spend a lot of time indoors. As an elemental creature, you'll energize all levels of your system by being in your natural environment.

Go outside. Put your bare feet and hands on the Earth. Walk in the rain or take a dip in a lake, ocean, or pool. Sit by the fire, get kissed by the sun, and absorb the heat of the sidewalk beneath your feet. Breathe deep as you walk, run, or play outside. Watch the dance of the wind in the trees,

the spray of the fountain, or the dancing leaves.

Soak it all up. Engage your WholeBody Listening in partnership with your Bands. They support the capacities of refined consciousness - active and waiting to emerge. Remember that energy is light, color is light, and your Bands are woven colored light frequencies.

The Bands of Power are not simply a Rite.
They invite entry into a living relationship
with the elemental kingdom.
Engage them with reverence.



Chumpi Karpay Integrative Meditation

Similar audio meditation available in Archive in Munay Ki Rites section

Take a breath or two as you tune into the Bands of Power woven through your field. Begin at the base of your body, noticing the Black Band which is the element of Earth. This band surrounds your lower body, connecting you deeply to Pachamama. Beginning at your navel, it moves downward beneath your feet.

Reflect on the Earth: the garden, the soil, the rocks. Feel the plants, the wood, the animals, and the insects. All living upon nutrient-rich soil, filled with minerals, which has the capacity to grow new life.

Sense the sturdiness of rocks and mountains, the beauty of gems, and the architecture of the bones in your body. Recognize how these the elements of Earth create the structures that allow you to stand, walk, run, and dance. Welcome the strength of the Black Band as it grounds you in Pachamama's system.

Next, notice how the Black Band weaves into the Red Band of Water and rises from the navel to the solar plexus. Representing the streams, rivers, oceans, rain, snow, and the blood that moves through your veins. It is the water in plants, the dew on the grass, the tears of beauty or sorrow, the sweat of your labor, and the Sacred waters in ceremonies. Sense the cleansing and nourishing power of water within you and around you.

Move upward into the Gold Band of Fire which rises to above your heart. Feel the radiant light of the Sun, the warmth of a candle flame, the passion that burns in your heart, and the transformative power of fire as it purifies and reshapes. Fire illuminates your path, ignites creativity, and fuels new beginnings.

Above this, notice the Silver Band of Air surrounding your throat and mouth. Feel the breath moving through your lungs, the breeze on your skin, and the winds that carry seeds, messages, and dreams. Air gives life to movement, voice, and song, circulating vitality through your body and the world.

Finally, connect to the White Band of Ether which rises to above your crown. This is the subtle, invisible movement of Spirit. It is the animating energy that infuses all life—seen and unseen. It surrounds and fills you, a reminder of your connection to the vast, Sacred Cosmos.

Travel back down through these bands—Ether to Air, Air to Fire, Fire to Water, Water to Earth—integrating their gifts. Recognize yourself as a living bridge between the elemental world and Spirit, a luminous being woven into the great web of life.

Offer gratitude for these Bands of Power and the Andean lineages who shared them. They empower your fertile garden, the wisdom space to dream your own becoming into form. Spin these bands daily to clear what is heavy and strengthen your connection to the Living Energy. As you brighten, you engage Pachamama to assist your Beauty Walk.