

The Mystical Mothers: Light and Shadow Qualities

The Great Mother



Light Qualities

Emptiness
Nurturance
Receptivity
Surrender
Self Nurturance

Adoration
Renewal
Empty Presence
Caring
Offering

Inclusion
Midwife
Embrace
Sanctuary

Shadow Qualities

Self absorption
Issues with scarcity
Issues of self value
Feeling not enough
Issues with food and nourishment

Issues of safety
Abandonment
Over responsibility
Inadvertently fostering co-dependency
Addictions to avoid emptiness

Neediness
Non-surrender
Engulfment



Goddess of Compassion

Light Qualities

Compassion
Forgiveness
Realization

Unconditional Love
Non-attachment
Adoration of the Divine

Mercy
Peacefulness
Humility

Shadow Qualities

Non self-care
Trouble saying "No"
Misperceiving Compassion

Fostering co-dependency
Wounded Child

Suffering
Rescuer



The Mystic Priestess

Light Qualities

Devotion
Intuition
Balance
Presencing Beauty

Silence
Inner Knowing
Serenity
Oracle - Translator of Divine Wisdom

Stillness
Remembrance
Flow

Shadow Qualities

Detached
Fragile
Self Absorbed

Perfectionistic
Ungrounded

Over Disciplined
Escape from feeling

The Liberator



Light Qualities

Non-resistance

Purification

Destroyer of Illusions

Catalyst

Power of creation and destruction

Impartiality

Transformation

Creative Chaos

Oneness

Dismantling

Assimilation

Liberation

Non duality

Shadow Qualities

Victim thinking

Jealousy

Attachment

Not taking responsibility for the creation of your reality

Attachment

Inauthentic masks

Obsessive emotions

Unresolved anger/rage

Self Destructiveness

The Sovereign



Light Qualities

Intention

Strength

Authentic presence

Independent

Discipline

Manifestation

Practicality

Self-empowerment

Resourceful

Spiritual Warrior

Impeccability

Capability

Innocence

Responsible

Abundant

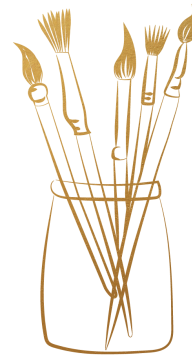
Shadow Qualities

Over protectiveness
Over achieving
Unclear motivation/intent
Issues with power

Righteous indignation
Over zealousness
Overly disciplined
Absorbed: work, goals

Blame
Perfectionism
Powerlessness

The Muse



Light Qualities

Creativity
Playfulness
Wonder
Freedom of expression

Spontaneity
Inspiration
Imagination
Surprise

Humor
Beauty
Sensitivity
Vulnerability

Shadow Qualities

Flighty
Boredom
Indecisiveness
Fickleness

Lack of discipline
Avoidance
Creative blocks
Scattered creative focus

Comparison
Non-completion
Impatience



Goddess of Love

Light Qualities

Beauty
Self love
Intimacy
Gratitude
Presenting the moment

Sensuality
Relationship
Sensory adept
Sensual alchemy

Open heartedness
Vulnerability
Unconditional love

Shadow Qualities

Jealousy
Insecurity
Sexual manipulation
Focus on outer beauty vs inner beauty

Comparison
Distorted body image
Self absorption

Competitiveness
Vanity
False flattery

The Primal Goddess



Light Qualities

Instinctual
Untamed
Vitality
Setting appropriate boundaries

Free
Passionate
Sacred Initiator

Wild
Gypsy
Ecstatic priestess

Shadow Qualities

Sexual manipulation
Survival issues
Rebellion (authority)

Lacking discipline
Seduction for control
Compromise essential self

Shame
Guilt

The Initiator



Light Qualities

Catalyzer
Empowerment
Integrity
Authenticity
Breakthrough

Challenge
Coherent
Power
Clarity
Radical change

Innovator
Alignment
Truth
Discernment
Quantum leap

Shadow Qualities

Self importance
Need for power
Lost in drama
Need for recognition and approval
Addiction to mask feelings of separation from Source

Over identification
Cold/uncaring
Attempt to control (via mind)

Impatience
Blame/judge

The Wise Woman



Light Qualities

Instinctual
Untamed
Vitality
Setting appropriate boundaries

Free
Passionate
Sacred Initiator

Wild
Gypsy
Ecstatic priestess

Shadow Qualities

Detached
Fix/rescue others
Fear of madness

Unapproachable
Self-doubt
Ego identification with being a healer

Mental complexity
Self-worth issues

The Weaver Dreamer



Light Qualities

Visionary
Story teller
Synchronicity
Destiny

Seer
Connector
Clue Tracker
Non-linearity

Conscious Dreamer
Networker
Synthesis
Quiet knowing

Shadow Qualities

Disconnected	Spacey	Ungrounded
Poor boundaries	Gossip	Stretching truth
Storytelling for personal advantage		
Blurring reality with exaggeration		
Overemphasis (exaggerating) symbolic guidance		

The Queen of Death



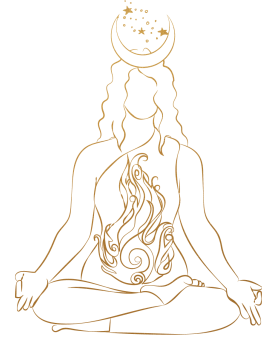
Light Qualities

Peace	Non-resistance	Entering the Unknown
Letting go	Death & Rebirth	Shamanic death
Dissolution of ego	Fallow (unseeded)	Completion
Journey to the underworld		

Shadow Qualities

Fear of death	Depression	Sadness
Denial	Self sabotage	Self-destructiveness
Lack of trust	Resistance	Fear of change
Obsessive focus on pain		Hopelessness
Fear of uncomfortable aspects of spiritual growth		

The Alchemical Goddess



Light Qualities

Fluidity	Union	Acceptance of what is
Empty presence	Unconditional love	Perfect surrender
Transcendence	Ecstasy	Poised in the moment
Wholeness	Freedom	Integration

Shadow Qualities

Struggle	Resistance	Rigidness
Feeling Stuck	Expectation	Moving against the flow

The Wheel Returns. Begin Anew.

