

The Rite of the Womb 13th Rite of Munay-Ki

"The heart of the womb implies life is a continuum; only when we truly know how to die or surrender to our metamorphosis, have we learned to live."

Marcela Lobos

The Rite of the Womb is an initiation given by a lineage of women who freed themselves from suffering. Marcela Lobos, Chilean Medicine Woman, met these etheric teachers in ceremony in 2002 in the Andes. In 2014, The Lineage offered this initiation and requested that she share it with women. The Lineage call women to remember that they did not come to suffer, but to be powerful creative women.

The Rites of Munay-Ki were brought to the world by Marcela's husband, Alberto Villoldo, when the Q'ero medicine men and women asked him to share his knowledge with the world. Munay-Ki is a Quechua concept that means the "power of love." This refers to the unconditional love that the Creator has for the Creation. These Rites erase genetic and karmic wounds, allowing the DNA to update and create a new body. Called the Luminous Human, this way of being allows a person to age, heal, and die in a more conscious manner.

Munay-ki is the power of the awakened heart which allows people to connect with nature and others in a more authentic and expansive manner.

The Rite of the Womb is an initiation passed from woman to woman



Once initiated, you may choose to participate in the intent of the spiritual Lineage of Women who have freed themselves from suffering. It is a simple process with a monthly ritual practice that may be conducted with individuals or groups. The monthly ritual reminds women of the essential message that the gift of creativity and the potential to birth new life is bestowed upon every women, regardless of circumstance.

Sharing the Rite of the Womb assists all human beings. As everyone is born of the womb, this Rite considers all men, all people, and all future children in its healing potential.

The Rite of the Womb

Open Sacred Space with pure intent in a way that is known to you. The Initiated raises her hands to the heavens, calling upon The Lineage to be present by making this statement and then feeling the energy descend into the womb space:

The womb is not a place to store fear or pain. The womb is to create and give birth to life.

She then actives the Rite within herself by placing her hands over her womb wisdom space. Repeat the same statement:

The womb is not a place to store fear or pain. The womb is to create and give birth to life.

If in a group, the newly initiated woman transmits this wisdom from her womb to the next woman. Place a hand upon her belly while repeating the statement to share the Rite:



The womb is not a place to store fear or pain. The womb is to create and give birth to life.

The recipient is guided to place both hands upon her own womb and repeat the statement:

The womb is not a place to store fear or pain. The womb is to create and give birth to life.

If it is a single transmission, the Rite concludes after the transmission of energy. To close, offer a prayer of gratitude to The Lineage and the unconditional love of the Creator. Bless all women everywhere that they may remember and use well the power of this internal creative energy.

The Monthly Ritual

On each New Moon, go outside and spend time communing with Pachamama and Grandmother Moon. Open Sacred Space with your personal prayer or practice.

Bring red wine or grape juice to pour onto Pachamama as you place one hand on your womb space. Repeat the statement 3x in order to receive the blessing and bring more conscious the reminder to live joyfully in partnership with the creative potential of your body and life.

Close your Sacred Space with your personal prayer of gratitude.











As the New Moon approaches, you enter the beginning of the lunar month when the night sky is at its darkest. The Grandmother rests between the earth and the sun, reflecting Her light back to the sun. How generous.

With the darkness above, you are guided to go within and reflect upon what was discovered in the previous cycle. You are preparing yourself to bring more consciousness to the teachings from the lineage:

The womb is not a place to store fear or pain. The womb is to create and give birth to life.

After a few months of anchoring these words into your personal Ritual, you may add other statements that support your awakening from the trance of pain, fear, restriction, and suffering.



I release my fear so I may embrace freedom.

I release my pain so I may embrace joy.
release my anger so I may embrace compassion.
I release my sadness so I may embrace peace.

As you explore how these phrases fit with your intention and your own phase of life, there may be other statements that arise. Breaking free of being and acting as prescribed by society, the voice of your Soul becomes more discernible. Thus, you may choose any statement that rings true for you at the New Moon.

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